



Thessaloniki 31/1/2008

**26<sup>th</sup> NIOVIA 2008**  
**DECLARATION OF SWIMMING RACES**

**YMCA of Thessaloniki, under the shield of the Regional Committee of Central and Western Macedonia (Π.Ε.Κ.Κ.Δ.Μ.) and with the cooperation of the Parents' Association of the Swimming Department of YMCA of Thessaloniki, organizes the 26th NIOVIA.**

**The Races will be held according to the international swimming regulations and the Hellenic Swimming Federation's regulation in all the categories following the of GRAND PRIX schedule. The duration of the games will be two (2) days, four sessions –qualifying heats in the morning, finals in the evening. The qualifying heats will be conducted in two (2) sub-sessions repeating the same schedule. In the first sub-session the schedule of the qualifying heats will be applied with two (2) heats per event, in which 16 athletes with the best achieved time will participate. In the second sub-session the schedule will be repeated for the other athletes.**

**PARTICIPATION RIGHT:**

All associations which belong to Hellenic Swimming Federation power and associations-athletes abroad (overseas) with athletes aged: For male, year of birth 1994 and older – For female, year of birth 1995 and older.

**DATE OF INAUGURATION:**

Saturday 19/4/2008 and Sunday 20/4/2008

**PLACE OF EVENT:**

Indoor swimming pool 50m in POSIDONION'S Swimming Pool, Thessaloniki, GR.

For the warm-up besides the indoor pool from 7:30-8:55 & 16:00-17:00 the outdoor pool 50 m will be also available from 7:30 or 16:00 and until the end of the games.

**PARTICIPATION ENTRY.**

- Please send your participation entries by fax to the **Regional Committee of Central and Western Macedonia (Π.Ε.Κ.Κ.Δ.Μ.)** offices, Thessaloniki - . fax **0030 2310 245881**, tel. **0030 2310 245323**.

The deadline for the participation entries is Monday **14<sup>th</sup> April 2008 at 14:30 p.m.** Beyond this date no correction or deletion will be taken into account for the formation of the two (2) first heats of the first sub-session. From **Friday 18/4/2008** the athletes that will participate in the first sub-session will be informed on their participation in the webpage <http://www.ymcaswim.gr> (through internet explorer), the announcement boards in the swimming center and in the technical meeting. Of Coaches-Reagents that will be held on the same day and on 19:30 in Posidonio Sports Center under the shield of Π.Ε.Κ.Κ.Δ.Μ.

**SPECIAL CONDITIONS**

1. Each association may participate using an unlimited number of athletes.
2. Each athlete may take part maximum in three (3) individual events.
3. The courses in the preliminaries of the athletic events will common for all categories and will be formed according to the performance of the current swimming period. For athletes of the National & the Pre-National Team as well as for athletes from abroad, the times declared by their coaches are valid if they are not officially registered by the Greek Swimming Federation. In the finals, the participants with the top eight (8) performance time in the preliminaries will take part.
4. The start signal of the preliminaries will be given, for matters of time saving, immediately after the last athlete of the previous heat has lapped.
5. No restrictions will tie up the association organizer.
6. In the events 1500m Men and 800m Women the participation right is held only by athletes who have achieved a performance time among the 16 best registered times. (All the athletes that will be registered for these event shave also the right to participate in a 4th event in which they will take part in case their performance time is not among the 16 best times.
7. The conducting times of the races are the following:  
**SATURDAY morning 1<sup>st</sup> sub-session 9:00 a.m., 2<sup>nd</sup> sub-session 10:00 or immediately after the end of the 1<sup>st</sup> sub-session - afternoon 17:00 p.m. (opening ceremony), competition 17:45.**  
**SUNDAY morning 1<sup>st</sup> sub-session 9:00 a.m., 2<sup>nd</sup> sub-session 10:00 or immediately after the end of the 1<sup>st</sup> sub-session - afternoon 17:00.**
8. The participation fees for each athlete is set to 7 Euros and the clubs will pay the amount to the organizing team prior to the commencement of the competition.

**AWARDS**

- Trophies will be awarded to the winners, metals to the second and third winners.
- A special trophy will be given to the best athlete (male and female) according to the international scoring performance.



# 26<sup>TH</sup> NIOVIA MEET PROGRAMME

## 1<sup>st</sup> Session – HEATS

*Saturday 19/4/08- sub-session 1<sup>st</sup> 9:00, 2<sup>nd</sup> ~10:00\*\*\**

## 2<sup>nd</sup> Session - FINALS

*Saturday 19/4/08 –OPENNING CEREMONY 17:00,  
Competition 17:45*

SUB-SESSION											
1.	1 <sup>st</sup>	2 <sup>nd</sup>	100m	FREESTYLE	MEN		1.	100m	FREESTYLE	MEN	
2.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	FREESTYLE	WOMEN		2.	200m	FREESTYLE	WOMEN	
3.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	BREASTSTROKE	MEN		3.	50m	BREASTSTROKE	MEN	
4.	1 <sup>st</sup>	2 <sup>nd</sup>	100m	BREASTSTROKE	WOMEN		4.	100m	BREASTSTROKE	WOMEN	
5.	---	2 <sup>nd</sup>	400m	IND. MEDLEY	MEN	<b>S</b>	5.	400m	IND. MEDLEY	MEN	<b>F</b>
6.	1 <sup>st</sup>	2 <sup>nd</sup>	100m	BUTTERFLY	WOMEN		6.	100m	BUTTERFLY	WOMEN	
7.	1 <sup>st</sup>	2 <sup>nd</sup>	100m	BACKSTROKE	MEN		7.	100m	BACKSTROKE	MEN	
8.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	BACKSTROKE	WOMEN		8.	50m	BACKSTROKE	WOMEN	
9.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	BUTTERFLY	MEN		9.	200m	BUTTERFLY	MEN	
10.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	IND. MEDLEY	WOMEN		10.	200m	IND. MEDLEY	WOMEN	
11.	1 <sup>st</sup>	2 <sup>nd</sup>	400m	FREESTYLE	MEN		11.	400m	FREESTYLE	MEN	
12.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	FREESTYLE	WOMEN		12.	50m	FREESTYLE	WOMEN	
13.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	BREASTSTROKE	MEN		13.	200m	BREASTSTROKE	MEN	
14.	---	2 <sup>nd</sup>	800m	FREESTYLE	WOMEN	<b>S</b>	14.	800m	FREESTYLE	WOMEN	<b>F</b>
14a	---	2 <sup>nd</sup>	800m	FREESTYLE	MEN	<b>S</b>	14a	800m	FREESTYLE	MEN	<b>F</b>
15.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	BUTTERFLY	MEN		15.	50m	BUTTERFLY	MEN	
16.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	BACKSTROKE	WOMEN		16.	200m	BACKSTROKE	WOMEN	
17.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	BUTTERFLY	MEN		17.	8X50m	FREESTYLE	4ΑΝΔ + 4ΓΥΝ	

## 3<sup>rd</sup> Session – HEATS

*Sunday 20/4/08- 1<sup>st</sup> sub-session 9:00, 2<sup>nd</sup> ~10:00\*\*\**

## 4<sup>th</sup> Session – FINALS

*Sunday 20/4/08 – competition 17:45*

SUB-SESSION											
1.	1 <sup>st</sup>	2 <sup>nd</sup>	100m	FREESTYLE	WOMEN		1.	100m	FREESTYLE	WOMEN	
2.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	FREESTYLE	MEN		2.	200m	FREESTYLE	MEN	
3.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	BREASTSTROKE	WOMEN		3.	50m	BREASTSTROKE	WOMEN	
4.	---	2 <sup>nd</sup>	100m	BREASTSTROKE	MEN		4.	100m	BREASTSTROKE	MEN	
5.	1 <sup>st</sup>	2 <sup>nd</sup>	400m	IND. MEDLEY	WOMEN	<b>S</b>	5.	400m	IND. MEDLEY	WOMEN	<b>F</b>
6.	1 <sup>st</sup>	2 <sup>nd</sup>	100m	BUTTERFLY	MEN		6.	100m	BUTTERFLY	MEN	
7.	1 <sup>st</sup>	2 <sup>nd</sup>	100m	BACKSTROKE	WOMEN		7.	100m	BACKSTROKE	WOMEN	
8.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	BACKSTROKE	MEN		8.	50m	BACKSTROKE	MEN	
9.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	BUTTERFLY	WOMEN		9.	200m	BUTTERFLY	WOMEN	
10.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	IND. MEDLEY	MEN		10.	200m	IND. MEDLEY	MEN	
11.	1 <sup>st</sup>	2 <sup>nd</sup>	400m	FREESTYLE	WOMEN		11.	400m	FREESTYLE	WOMEN	
12.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	FREESTYLE	MEN		12.	50m	FREESTYLE	MEN	
13.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	BREASTSTROKE	WOMEN		13.	200m	BREASTSTROKE	WOMEN	
14.	---	2 <sup>nd</sup>	1500m	FREESTYLE	MEN	<b>S</b>	14.	1500m	FREESTYLE	MEN	<b>F</b>
14a	---	2 <sup>nd</sup>	1500m	FREESTYLE	WOMEN	<b>S</b>	14a	1500m	FREESTYLE	WOMEN	<b>F</b>
15.	1 <sup>st</sup>	2 <sup>nd</sup>	50m	BUTTERFLY	WOMEN		15.	50m	BUTTERFLY	WOMEN	
16.	1 <sup>st</sup>	2 <sup>nd</sup>	200m	BACKSTROKE	MEN		16.	200m	BACKSTROKE	MEN	

**\*\*\* The commencement of the 2<sup>nd</sup> sub-session of the qualifying heats will be performed immediately after the end of the 1<sup>st</sup> sub-session and not before 10:00**

**SLOW HEATS: S**

**FAST HEATS: F**